

# Havant Youth Sail Training Scheme (HYSTS)



Registered Charity No 278412

President: Owen Davies - Principal: Bill Walworth

## **Sailing Base**

The Ship Inn Car Park, Langstone Quay, Langstone Road, Havant, Hampshire, PO9 1RD.

## **Legacy and Purpose**

Sail HYSTS is a not-for-profit registered charity founded in 1974, by Dave Loader, who was then a station sergeant at Havant Police Station. He had a vision 'to provide enjoyable sailing to all, irrespective of income, age or gender'. This vision continues today, and many children and young people continue to benefit from Dave's determination to make sailing accessible for local families.

Sailing is recognised as offering key life skills. Through the generosity of our friendly volunteers and qualified senior instructors, Sail HYSTS provide children and young people the opportunity to try sailing in a safe, fun and structured environment. As well as getting fresh air and exercise, sailing offers a wide range of invaluable life skills, from problem solving to confidence and teamwork.

There is no experience or equipment needed to get started. We provide instruction, safety cover, buoyancy aids and wet weather gear. Our programme is also progressive, so participants can work their way through the RYA Youth Schemes.

## **Training**

HYSTS is a registered **RYA Training Centre**. Young people aged 8 – 18 years can join. On the first occasion, please bring details of previous sailing experience or a RYA logbook with you.

## **Sailing Experience**

All sailing abilities are welcome and full sail training and support, by experienced and fully qualified RYA instructors, is given. HYSTS offers challenges to young people beyond sailing by supporting their involvement with Scouts, Guides or the Duke of Edinburgh Award Scheme.

## **Safety**

Instruction, safety cover, buoyancy aids, bump hats and wet weather gear will be provided by HYSTS. A young person must be confident in the water. Two safety craft are available to accompany the sailboats. A shore contact is nominated for each session to provide liaison to those on the water should it be required.

Annual inspection of HYSTS premises, facilities, safety procedures and qualifications are conducted by the RYA. Such inspections ensure that procedures are safe, and that staff are suitably qualified.

Staff members working regularly with the young people are required to meet current child protection legislation of the Disclosure and Barring Service (DBS). HYSTS has a detailed Safeguarding and Child Protection Policy available for inspection online.

## **Sailing Vessels**

The sailing Scheme provides an opportunity for young people to learn to sail in a safe and friendly environment. Presently our fleet consists of a Hartley H15 Trainer, RS FEVAs and Topper dinghies.

## **Weather**

On occasions it is necessary to cancel sessions at short notice due to poor weather conditions e.g. high winds. We make every effort to advise families of any changes to sessions as soon as possible using the contact information provided by you.

## **Fees**

No separate membership fee is required. A session fee of £12.50 is requested which can be waived where there is need. A permanent record of progress through the various stages of sailing can be recorded in a RYA Logbook. We subsidise the cost of the logbook but ask for a contribution of £5.00.

## **Sailing Schedule and Booking**

Depending on the tide and weather, sailing takes place at weekends between late March and October, with each session lasting approximately six hours (includes a lunch break and sailing theory session). A sailing schedule, registration and booking information is available from the website [www.hysts.co.uk](http://www.hysts.co.uk).

**Please note, HYSTS cannot accept a booking or take any person afloat without a completed and signed medical questionnaire/consent form.**

## **Registered Office:**

The Bedhampton Community Centre, 21 Bedhampton Road, Bedhampton, Hampshire, PO9 3ES is our registered address and should be used for postal correspondence.