

Sail HYSTS Operating Procedures - Appendix A

Sail HYSTS Safety Brief

On Arrival Young Sailors must:

- Stay inside the Shore Base gates.
- Wear appropriate footwear.
- Not open lockers (must only be opened by an adult and must be pinned open).
- Be careful of slippery moss and manhole cover when wet. Beware of manhole when open.
- Take care near the Shore Base door and gate (Door and Gate will be pinned open to avoid slamming).
- Be aware some vegetation has thorns - Be careful of spiky bushes.
- Be careful of sharp edges in and outside hut
- Keep the floor clear and beware of tripping hazards
- Do not touch any electrical switches or the main electrical cupboard on the right.
- Do not sit or stand on stacked chairs.
- Do not touch anything in the hut unless you have been asked to.
- Ask an adult to turn the changing room heaters on if needed.
- Take care as water is hot.
- Take care as floors can be slippery.
- Don't leave valuables.
- Don't stand on benches.
- Remove all jewellery or tape it over
- Wear warm clothing - No jeans. Nothing wool. Wear a hat. Take water and Sun screen.
- Stay in the area in front of the Shore base. The back area compound is out of bounds unless expressly authorised by and accompanied by an adult.

Walking the Young People around the Area of Langstone Quay And The Embankment Of Langstone Bridge:

- The car park is particularly dangerous; mind cars and stay in one group, you must be accompanied by the SI and other adults whilst walking around the area of Langstone Quay and the embankment of Langstone Bridge .
- Do not run.
- Be aware of the trip hazards and uneven surfaces on the way.
- Walk on the concrete or the grass stay well clear of the sea weed and algae below the waterline.
- On arrival at the destination stay in a group and wait to be briefed.

Getting dinghies in and out of the dinghy compound:

- Do not remove chocks or move boats or trolleys without permission.
- Do not sit on trolleys or boats while on land.
- Do not move trolleys or boats unless supervised.
- Do not try to move trolleys or boats alone.
- Use the handles provided.
- Keep to the concrete off the green stuff (algae and seaweed) and beware of tripping hazards - Uneven Surface

- Do not get on the downhill side of a dinghy
- Mind your toes!
- Many hands make for light work

Launch and recovery of dinghies

- Do not launch until told to
- Do not move trolleys or boats unless supervised
- Do not try to move trolleys or boats alone
- Do not sit on trolleys or boats
- Use the handles provided
- Keep to the concrete off the green stuff and beware of tripping hazards - Uneven Surface
- Do not get on the downhill side of a dinghy
- Mind the green stuff! Do not try and restrain or pull a dinghy on a trolley on the wall while standing on the seaweed. Pull on a rope tied to the front of the trolley allowing you to stand on the concrete clear of the seaweed
- Mind your toes!
- Many hands make for light work