



# Havant Youth Sail Training Scheme – Sail HYSTS an RYA Recognised Training Centre

## Safeguarding Policy

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## Part 1 – Safeguarding Policy Statement

**England and Wales:** This policy refers to a child as anyone under the age of 18 as defined by [the Children Act 1989](#) and an Adult at Risk as anyone aged 18 or over, who is in need of care or support, and who, because of those needs, is unable to **always safeguard themselves as defined by [the Care Act 2014](#)**.

**Sail HYSTS** is committed to safeguarding all children, young people and adults at risk taking part in its activities from abuse and harm and ensuring their wellbeing.

**Sail HYSTS** recognises that the safety, welfare and needs of children, young people and adults at risk are paramount and that any person, irrespective of their age, disability, race, religion or belief, marital status, sex, gender identity, sexual orientation or social status, has a right to protection from discrimination, victimisation and abuse.

**Sail HYSTS** takes all reasonable steps to ensure that, through safe recruitment, appropriate operating procedures, and training, it offers a safe and fun environment to everyone taking part in **Sail HYSTS** events and activities. **Sail HYSTS** recognises that it has a legal duty of care to safeguard children, young people and adults at risk.

**Sail HYSTS** is committed to minimising risk and supporting venues, programmes, events and individuals to deliver a safe, positive and fun boating experience for everyone by creating a welcoming environment, both on and off the water, where everyone can have fun and develop their skills and confidence. **Sail HYSTS** will treat everyone with respect, celebrate their achievements, listen to their views and experiences and provide opportunities for everyone to fulfil their potential and be their authentic selves.

### **Sail HYSTS will:**

- Ensure that all individuals who work or volunteer with children, young people and adults at risk provide a positive, safe and enjoyable experience.
- Ensure that there is an RYA registered Welfare Officer with the necessary skills and training who will take the lead in dealing with all safeguarding concerns with support from the RYA Safeguarding Team.
- Ensure that the **Sail HYSTS Welfare Officer** name and contact details are known to all employees, volunteers, and participants.

- Respond swiftly and appropriately to all complaints and concerns about poor practice or suspected abuse, referring to the RYA and external agencies as necessary.
- Ensure that all information regarding safeguarding referrals is stored securely and confidentially.
- Ensure that all those who work or volunteer with at risk groups have been recruited using safe recruitment practices and includes the appropriate criminal records disclosure checks.
- Report any concerns raised involving RYA staff, volunteers and credential holders to the RYA Safeguarding Team.
- Regularly review its safeguarding procedures and practices in the light of experience, to take account of legislative, social or technological changes or where there is a change of management as required.
- Cooperate where necessary with multi-agency investigations and enquiries relating to serious case reviews involving children, young people and adults at risk, if there is an association with the sport and or recreation.

This policy will be reviewed by **Sail HYSTS** annually or sooner if there are relevant changes to legislation or to **Sail HYSTS** management.

**Sail HYSTS** recognises that **EVERYONE** has the right to be safeguarded, and we must **ALL** take responsibility to ensure it.

## Part 2 – Safeguarding Procedures

### 2.1 Sail HYSTS Safeguarding and Welfare Team Contact Details

<b>Principal and Sail HYSTS Welfare Officer</b>	<b>Name:</b> Bill Walworth <b>Email:</b> <a href="mailto:billwalworth@btinternet.com">billwalworth@btinternet.com</a> <b>Tel:</b> 07802 861744
<b>Chair and Deputy Welfare Officer / Additional Contact</b>	<b>Name:</b> Geoff Lynch <b>Email:</b> <a href="mailto:geofflynch@talktalk.net">geofflynch@talktalk.net</a> <b>Tel:</b> 07703 881754
<b>Police Emergency</b>	<b>Tel:</b> 999
<b>Police Non-Emergency</b>	<b>Tel:</b> 101
<b>Local Authority Children's Services</b>	<p><b>Hampshire Children's Services</b></p> <p>If you have concerns about a child you want to report you should contact Hampshire Children's Services:</p> <p>Monday to Thursday 8.30am to 5pm  Friday 8.30am to 4.30pm  <b>Tel:</b> 0300 555 1384</p> <p>At all other times, contact the out-of-hours service  <b>Tel:</b> 0300 555 1373</p>
<b>Local Authority Designated Officer Hampshire County Council</b>	<b>Name:</b> Caroline Willoughby <b>Email:</b> <a href="mailto:caroline.willoughby@hants.gov.uk">caroline.willoughby@hants.gov.uk</a>  Number: 01962 876364
<b>Local Authority Adult Services</b>	<p><b>Hampshire Adult Services</b></p> <p>If you have concerns about an adult you want to report, you should contact Hampshire Adult Services using their online referral forms:</p>

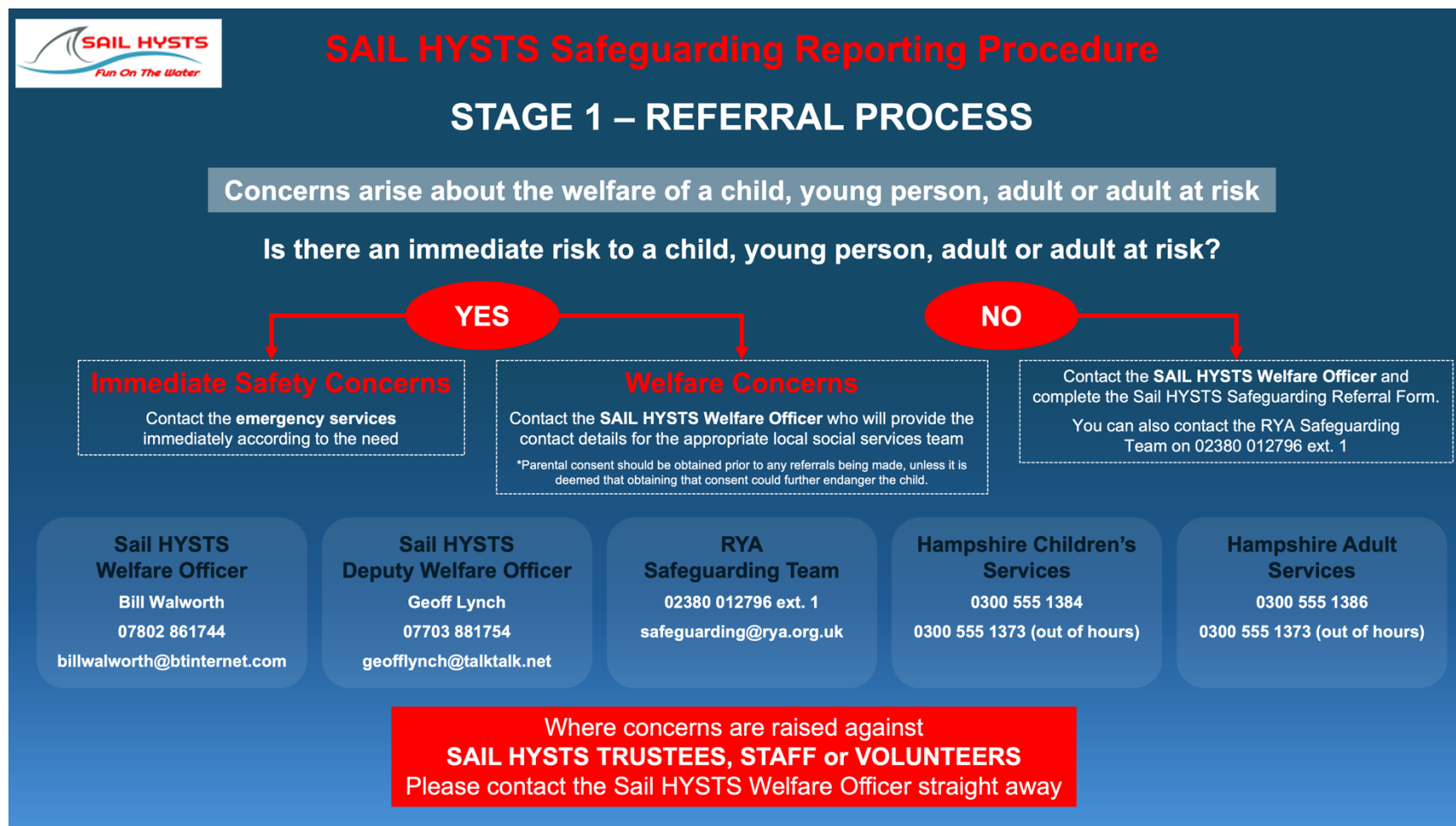
	<p>The referral form is quick and easy to complete:</p> <ul style="list-style-type: none"> <li>• <a href="#">Complete a form</a> for myself</li> <li>• <a href="#">Complete a form</a> for someone else, such as a neighbour, friend or loved one</li> </ul> <p>You may also make a referral by telephone but please expect a long wait time:</p> <p><b>Tel:</b> 0300 555 1386 during office hours: 8.30am to 5pm Monday, 9.30am to 5pm Tuesday to Thursday, 8.30am to 4.30pm on Friday</p> <p>Out of hours contact: <b>Tel:</b> 0300 555 1373</p>
<p><b>RYA Safeguarding Team</b> Office Opening hours:</p> <ul style="list-style-type: none"> <li>• 09:00–17:00 Monday to Friday</li> </ul> <p>Out of Hours Service (Urgent enquiries which cannot wait)</p> <ul style="list-style-type: none"> <li>• 17:00–22:00 Monday to Friday</li> <li>• 09:00–22:00 Bank Holidays</li> </ul>	<p><b>Tel:</b> 02380 012796 (Choose option 1 for Safeguarding and Option 3 for out of hours service)</p> <p><b>Email:</b> <a href="mailto:safeguarding@rya.org.uk">safeguarding@rya.org.uk</a></p>
<p><b>RYA Legal Team</b></p>	<p><b>Email:</b> <a href="mailto:legal@rya.org.uk">legal@rya.org.uk</a></p>



## 2.2 Sail HYSTS Safeguarding Reporting Procedure

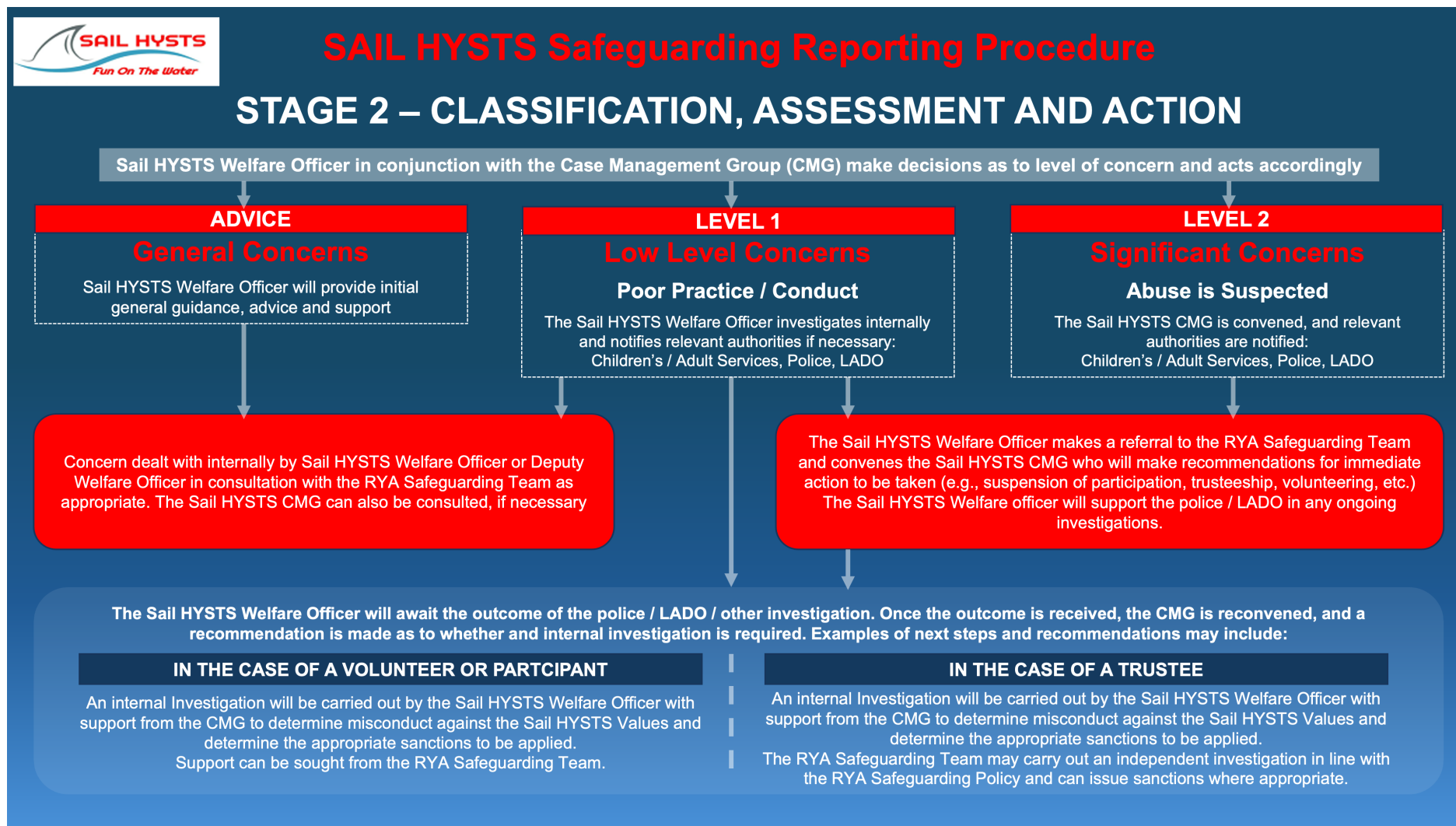
*These procedures align with the Reporting Procedure in the RYA Safeguarding Policy which can be found [here](#). safeguarding procedure flow charts can also be found on the CPSU website [here](#).*

## 2.2.1 Stage 1 – Referral Process





## 2.2.2 Stage 2 – Classification, Assessment and Action



## 2.3 Breaches of the Safeguarding Policy

Where there are concerns that this safeguarding policy has not been followed, or there is a safeguarding concern, all members, volunteers, staff and participants are encouraged in the first instance, to contact the **Sail HYSTS** Welfare Officer, Bill Walworth, on 07802 861744 or [billwalworth@btinternet.com](mailto:billwalworth@btinternet.com).

If further support or guidance are required, The RYA Safeguarding Team can be contacted on 02380 012796 / [safeguarding@rya.org.uk](mailto:safeguarding@rya.org.uk). Alternatively the NSPCC Whistleblowing advice line can be contacted on 0800 028 0285 or [help@nspcc.org.uk](mailto:help@nspcc.org.uk)

Breaches of this Safeguarding Policy and /or failure to comply with the outlined responsibilities within it may result in disciplinary action in accordance with the **Sail HYSTS** constitution.

## 2.4 Implementation, Review and Reporting

The trustees of **Sail HYSTS** have overall accountability for this Policy and for its implementation.

The charity Principal and Welfare Officer Bill Walworth is responsible for updating this Policy in line with legislative and organisational developments.

**Sail HYSTS** trustees and volunteers are responsible for advising and making recommendations on safeguarding cases, in line with this Policy.

All staff, volunteers, members and participants are responsible for raising safeguarding concerns /disclosures **immediately** with the **Sail HYSTS** Welfare Officer or another senior **Sail HYSTS** official as outlined in the Reporting a Safeguarding Concern Procedure.

The **Sail HYSTS** Welfare Officer, with support from trustees, is responsible for ensuring appropriate safeguarding training is put in place, specifically for those deemed to be in regulated activity with vulnerable groups and kept up to date with any safeguarding developments.

## 2.5 Where there is a safeguarding concern / disclosure:

The individual who is told about, hears, or is made aware of the concern / disclosure is responsible for following the **Reporting a Safeguarding Concern Procedure** by telling the **Sail HYSTS** Welfare Officer **immediately**.

The **Sail HYSTS** Welfare Officer is responsible for assessing all safeguarding concerns / disclosures that are reported to them. They will consider convening a Case Management Group, collaborating with the RYA Safeguarding. This assessment will prioritise the well-being of all those involved in the disclosure. Dependent on the concern / disclosure, a referral may be made to:

- The police in an emergency (999).
- Hampshire Children's Services for concerns / disclosures about a child.
- Hampshire Adult Services for concerns / disclosures about an adult at risk.
- For referrals involving children and young people - Local Authority Designated Officer (**LADO**) (England; Wales); and the Criminal Records Disclosure Service for concerns / disclosures about a member of staff, consultant, coach, official or volunteer in a Position of Trust.
- The RYA Safeguarding Team for all Level 1 and Level 2 categorised concerns.

## 2.6 Implementation, Review and Reporting

### 2.6.1 Case Management

All safeguarding records are categorised to a level: Advice, Level one or Level Two. The threshold criteria outlined below is underpinned by guidance provided by the [Child Protection in Sport Unit \(CPSU\) allegation threshold](#).

**Advice** Any concern which does not meet the threshold for Levels 1 or 2 and involves seeking support or guidance for a specific matter. Advice cases can often escalate depending on the situation.

**Level 1** Any concern about a named adult or child's behaviour towards a child or adult at risk that does not meet the allegation threshold or is not otherwise serious enough to consider a referral to the Police, LADO, and or Children or Adult Services of a Local Authority. Concerns may arise from both within the sport and outside of it.

**Level 2** Any concern that meets the threshold for a referral to the Police, LADO, and or Children or Adult Services of a Local Authority. Alongside this an internal rating system can also be used of Low, Medium and High.

Highly sensitive information contained within safeguarding case records are restricted to the **Sail HYSTS** Welfare Officer. If a Case Management Group is convened, information pertaining to the concern will be shared securely and confidentially.

### 2.6.2 Data Storage

All case records are stored in line with **the RYA Data Storage and Privacy Policies** and relevant national legislation and guidance.

**Advice** All advice case data is stored for **5 years** from the date the referral was received.

**Level 1** All level 1 case data is stored for **10 years** from the date the referral was received.

**Level 2** All level 2 case data is stored for **90 years** from the date of birth of the subject of concern.

Case records are deleted / destroyed after the retention period set out above, unless the **Sail HYSTS** Welfare Officer decides that there is a reason to retain the information for a longer period.

### 2.6.3 Case Management Group

A Case Management Group (**CMG**) is convened when a Level 2 referral is received. The group can also be convened if a Level 1 referral is serious enough in nature. The group will consist of three of the following **Sail HYSTS** trustees depending on where the referral originates from.

Name	Role / Position
Geoff Lynch	Chair of Sail HYSTS
Bill Walworth	Principal and Welfare officer
Cath Burton	Trustee
Nigel Fryatt	Trustee
Mary Milton	Trustee

The CMG is responsible for:

- Ensuring that all allegations, incidents, or referrals related to the safeguarding of children and adults are dealt with in accordance with **Sail HYSTS** policies with appropriate timescales.
- Making recommendations to the trustees regarding the appropriate steps to be taken.

#### 2.6.4 External Assistance

The CMG may choose to appoint an external independent body to assist in any investigations where the following criteria is met:

- **Sail HYSTS** trustees do not have the expertise or skill set required to undertake the investigation,
- An individual trustee or volunteer is under a conflict of interest, or
- The case is so complex by nature that a third party would be necessary to support / undertake the investigation.

In the case where the CMG chooses to instruct an independent body, it reserves the right to choose whichever independent body it deems most suitable given the circumstances. **Sail HYSTS** CMG will make such a decision on a case-by-case basis.

## 2.7 Safe Recruitment & Criminal Records Disclosure Checks

**Sail HYSTS** is committed to ensuring that only those with the right motivations and suitability are recruited into positions involving regular contact with children, young people and adults at risk within its work and volunteer force. The **Sail HYSTS** trustees understand their legal responsibility within the Safeguarding Vulnerable Groups Act 2006, to ensure that all its staff and volunteer recruitment practices are safe, fair and equal and allows it to identify, deter and reject staff or volunteers who may be at risk of abusing vulnerable groups.

### **Sail HYSTS will:**

Ensure the best possible trustees, instructors and volunteers are recruited based on their merits, abilities and suitability for the position.

Ensure that all applicants are considered equally and consistently, and that no applicant is treated unfairly based on any protected characteristics in compliance with the Equality Act 2010<sup>1</sup>.

Comply with all relevant legislation, recommendations and guidance including the statutory guidance published by the DfE (keeping children safe in education, the PREVENT Duty guidance) and any codes of practice published by any of the disclosure service providers.

Meet its commitment to safeguarding and promoting the welfare of children, young people and adults at risk by carrying out all necessary pre-employment checks.

**Sail HYSTS uses the following safe recruitment practices when recruiting staff and volunteers:**

- Advertisements, if made, will make clear **Sail HYSTS** commitment to safeguarding children, young people and adults at risk.
- Application forms may be used which contain questions surrounding employment and academic history and a person's suitability for the role which includes the requirement to explain any gaps or discrepancies in the employment or academic history. See Appendix A – Self Declaration Form.
- The application form has a declaration regarding convictions and working with vulnerable groups and will make it clear if the post is exempt from the provisions of the Rehabilitation of Offenders Act 1974. See Appendix A – Self Declaration Form.
- All role descriptions are clear and concise and accurately set out the duties and responsibilities of the role.
- Volunteers will be informed of the expectations of them in carrying out their role.
- Where appropriate, a minimum of two references must be received and reviewed before the individual commences their role as a volunteer or instructor. See Appendix B – References Form.
- Interviews are face-to-face where possible and will cover the person's suitability for the role.
- For paid roles, applicants who are offered the position will be required to supply proof of their ID in the form of original documents and confirm their right to work within the UK.

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<sup>1</sup> <https://www.legislation.gov.uk/ukpga/2010/15/contents>

- For all trustees, employees, and volunteers and for holders of any other position that amounts to a "regulated activity<sup>2</sup>" with children and or adults at risk, an appropriate disclosure check will be carried out which will include the Adults Barred List and Children's Barred List where appropriate, and an original certificate will be seen by the volunteer coordinator prior to the applicant commencing the role. Further information on Criminal Records Disclosures can be found in Part 4.
- Successful applicants will be encouraged to register with the DBS Update Service.
- Additional checks will be carried out if the applicant has lived or worked outside of the UK (certificate of good conduct, certificate of Sponsorship).

## 2.8 Dealing with a Safeguarding Disclosure & Information Sharing

Being the recipient of a safeguarding disclosure can be incredibly difficult, especially if the recipient is not a Welfare Officer or Safeguarding Lead. However, choosing not to respond to a disclosure can **never** happen, regardless of how uncomfortable the recipient is. The referral flowchart in Part 3 – Section 3.8 acts as a guide to the physical steps that can be taken if a referral or disclosure is received. Below is a list of dos and don'ts to support anyone if they receive a disclosure.

### Dos

- Keep calm and remain receptive and approachable
- Assess the situation, has a crime been committed? Do you need to contact the emergency services?
- Listen carefully and patiently without interrupting if possible and let the victim recount the details in their own time
- Use the victim's own words if you need to seek clarification
- If you need more information, use TED: Tell me... Explain to me... Describe to me...
- Acknowledge how difficult it must have been to disclose

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<sup>2</sup> Regulated activity with adults: [ES573375\\_CCS156\\_CCS0318265556-1\\_NHS Eligibility Roles Leaflet\\_Adults\\_v2\\_EB.pdf \(publishing.service.gov.uk\)](#)

Regulated Activity with Children: [ES573374\\_CCS156\\_CCS0318265556-1\\_NHS Eligibility Roles Leaflet\\_Children\\_v3\\_EB.pdf \(publishing.service.gov.uk\)](#)



- Reassure them that they have done the right thing in telling you and they are not to blame
- Let them know that you will do everything you can to help them
- Advise the victim what will happen next
- Make a written record as soon as you can
- Report the disclosure to the **Sail HYSTS** Welfare Officer or the RYA Safeguarding Team
- **Adults:** Gain consent from the victim to share the information<sup>3</sup> – If you feel that the adult does not have sufficient capacity to make a decision about sharing information, you should consider if breaking confidentiality is in the best interests of the victim<sup>4</sup> – see the diagram at the end of Part 2 “Assessing Capacity” – a flow chart created by the NHS
- **Children and Young People:** Gain consent from the parent / carer to share the information – Only speak with the parents / caregivers of the victim if this does not pose a risk to the child

### Don'ts

- Don't make a promise to keep secrets
- Don't ask leading questions or put words in the mouth of the victim
- Don't repeatedly ask the victim to repeat their disclosure
- Don't discuss the referral with anyone who does not need to know
- Don't be judgmental
- Never ignore what you have been told – **you must pass it on**
- Don't confront or contact the Subject of Concern<sup>5</sup>
- Don't remove or contaminate any evidence that may be present
- Never dismiss your concerns – even a gut feeling is worth reporting

## 2.9 Confidentiality:

The sharing of personal information within an organisation is not prevented by law. While appropriate confidentiality should be maintained, it is important to make sure the right people within the organisation are informed if the circumstances require this. Initially the chair, principal and trustees agreeing to form the Case

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<sup>3</sup> Capacity: The ability to understand and make a decision when it needs to be made

<sup>4</sup> Further reading on mental capacity:

<https://www.gov.uk/government/collections/mental-capacity-act-making-decisions>

<sup>5</sup> Subject of Concern – The person to whom the complaint or concern has been raised against



Management Group will be informed of the allegation. If you are the recipient of a safeguarding disclosure, contact the **Sail HYSTS** Welfare Officer who will advise on the next steps, which may or may not include sharing that information with external agencies, however the following considerations should be taken into account:

### 2.9.1 Children and Young People<sup>6</sup>

Information sharing is essential for effective safeguarding and promoting the welfare of children and young people. It is a key factor identified in many Serious Case Reviews (SCRs), where poor information sharing has resulted in missed opportunities to take action that keeps children and young people safe

#### **There are seven golden rules to confidentiality and Information Sharing:**

1. Remember that the General Data Protection Regulation (GDPR), Data Protection Act 2018 and Human Rights law are not barriers to justified information sharing but provide a framework to ensure that personal information about living individuals is shared appropriately.
2. Be open and honest with the individual (and / or their family where appropriate) from the outset about why, what, how and with whom information will, or could, be shared, and seek their agreement, unless it is unsafe or inappropriate to do so.
3. Seek advice from other practitioners, or RYA Data Protection Officer, if you are in any doubt about sharing the information concerned, without disclosing the identity of the individual where possible.
4. Where possible, share information with consent, and where possible, respect the wishes of those who do not consent to having their information shared. Under the GDPR and Data Protection Act 2018 you may share information without consent if, in your judgement, sharing falls within one of the specified lawful basis to do so, you will need to base your judgement on the facts of the case. When you are sharing or requesting personal information from someone, be clear on the basis upon which you are doing so. Where you do not have consent, be mindful that an individual might not expect information to be shared. If you are in any doubt, contact the RYA Data Protection Officer.

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<sup>6</sup> Information was taken directly from the HM Government Information Sharing Guidance: [https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/721581/Information\\_sharing\\_advice\\_practitioners\\_safeguarding\\_services.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/721581/Information_sharing_advice_practitioners_safeguarding_services.pdf)

5. Consider safety and well-being: base your information sharing decisions on considerations of the safety and well-being of the individual and others who may be affected by their actions. Necessary, proportionate, relevant, adequate, accurate, timely and secure: ensure that the information you share is necessary for the purpose for which you are sharing it, is shared only with those individuals who need to have it, is accurate and up to date, is shared in a timely fashion, and is shared securely.
6. Keep a record of your decision and the reasons for it – whether it is to share information or not. If you decide to share, then record what you have shared, with whom and for what purpose.
7. Keep a record of your decision and the reasons for it – whether it is to share information or not. If you decide to share, then record what you have shared, with whom and for what purpose.

### 2.9.2 Confidentiality: Adults

Individuals may not give their consent to the sharing of safeguarding information for several reasons. For example, they may be frightened of reprisals, they may fear losing control, they may not trust social services or other partners, or they may fear that their relationship with the subject of concern will be damaged. Reassurance and appropriate support along with gentle persuasion may help to change their view on whether it is best to share information.

If a person refuses intervention to support them with a safeguarding concern, or requests that information about them is not shared with other safeguarding partners, their wishes should be respected. However, there are several circumstances where the person who has received the disclosure can reasonably override such a decision, including:

- the person lacks the mental capacity to make that decision – this must be properly explored and recorded in line with the Mental Capacity Act
- other people are, or may be, at risk, including children
- sharing the information could prevent a crime
- the alleged subject of concern has care and support needs and may also be at risk
- a serious crime has been committed
- staff are implicated
- the person has the mental capacity to make that decision, but they may be under duress or being coerced

- In cases of domestic abuse, if the risk is unreasonably high and meets the criteria for a multi-agency risk assessment referral
- a court order or other legal authority has requested the information.

If none of the above apply and the decision is not to share safeguarding information with other safeguarding partners, or not to intervene to safeguard the person:

- support the person to weigh up the risks and benefits of different options
- ensure they are aware of the level of risk and possible outcomes
- offer to arrange for them to have an advocate or peer supporter
- offer support for them to build confidence and self-esteem if necessary
- agree on and record the level of risk the person is taking
- record the reasons for not intervening or sharing information
- regularly review the situation
- try to build trust and use gentle persuasion to enable the person to better protect themselves.

If it is necessary to share information outside the organisation:

- explore the reasons for the person's objections – what are they worried about?
- explain the concern and why you think it is important to share the information
- tell the person who you would like to share the information with and why
- explain the benefits, to them or others, of sharing information – could they access better help and support?
- discuss the consequences of not sharing the information – could someone come to harm?
- reassure them that the information will not be shared with anyone who does not need to know
- reassure them that they are not alone, and that support is available to them.

If the person cannot be persuaded to give their consent, then, unless it is considered dangerous to do so, it should be explained to them that the information may be shared without consent in some situations (as set out above). The reasons should be given and recorded. The safeguarding principle of proportionality should underpin decisions about sharing information without consent, and decisions should be on a case-by-case basis.

If it is not clear that information should be shared outside the organisation, a conversation can be had with the Data Protection Officer or the safeguarding partners in the police or local authority without disclosing the identity of the person in the first instance. They can then advise on whether full disclosure is necessary without the consent of the person concerned.

It is very important that the risk of sharing information is also considered. In some cases, such as domestic violence or hate crime, it is possible that sharing information could increase the risk to the individual. Safeguarding partners need to work jointly to provide advice, support and protection to the individual to minimise the possibility of worsening the relationship or triggering retribution from the abuser.

[SafeLives](#) (previously CAADA) provide resources for identifying the risk victims face including a Dash risk checklist, which is a risk assessment tool for practitioners who work with adult victims of domestic abuse. It offers a consistent approach to identifying those who are at high risk of harm and whose cases should be referred to a MARAC (multi-agency risk assessment conference) meeting to manage their risk. If there are concerns about a risk to a child or children, then a referral to ensure that a full assessment of their safety and welfare needs to be made.

## Part 3 – Part 3: Safeguarding Guidance

### 3.1 Types of Abuse

#### 3.1.1 Children and Young People<sup>7</sup>

**Neglect:** Neglect is not meeting a child's basic physical or psychological needs. It can have a long-lasting impact on a child's health or development. In sport, examples of neglect could include a coach or supervisor repeatedly:

- failing to ensure children are safe
- exposing children to undue cold, heat or extreme weather conditions without ensuring adequate clothing or hydration
- exposing children to unnecessary risk of injury by ignoring safe practice guidelines

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<sup>7</sup> The definitions of harm were obtained from the Child Protection in Sport Unit Website: <https://thecpsu.org.uk/help-advice/introduction-to-safeguarding/child-abuse-in-a-sports-setting/>

- failing to ensure the use of safety equipment
- requiring young people to participate when injured or unwell

**Physical Abuse:** When someone deliberately hurts a child causing physical harm it is called physical abuse. It may involve hitting, kicking, shaking, pushing, poisoning, burning, biting, scalding, drowning or any other method of causing non-accidental harm.

In sport, physical abuse may occur:

- if the nature and intensity of training or competition exceeds the capacity of the child's immature growing body
- where coaches encourage the use of drugs or harmful substances to enhance performance or delay puberty
- if athletes are required to participate when injured
- if the sanctions used by coaches involve inflicting pain

**Sexual Abuse:** Sexual abuse is when a child is forced or persuaded to take part in sexual activities. This may involve physical contact or non-contact activities and can happen online or offline. Children and young people may not always understand that they are being sexually abused.

In sport, coaching techniques which involve physical contact with children can create situations where sexual abuse can be disguised. An abusive situation can also develop if a person in a position of authority, such as a coach, was to misuse their power.

Contacts made within sport and pursued through other routes, such as social media, have been used to groom children for abuse. Sexual abusers can also groom protective adults and organisations to create opportunities for abuse to take place.

Child sexual exploitation (CSE) is a type of sexual abuse. When a child or young person is exploited, they're given things, like gifts, drugs, money, status and affection, in exchange for performing sexual activities. Children and young people are often tricked into believing they're in a loving and consensual relationship. This is called grooming. They may trust their abuser and not understand that they're being abused.

**Emotional Abuse:** Emotional abuse is the emotional maltreatment of a child, which has a severe and persistent negative effect on the child's emotional development. In sport, emotional abuse may occur if:

- children are subjected to repeated criticism, sarcasm, name-calling or racism
- a child is ignored or excluded
- children feel pressure to perform to unrealistically high expectations
- children are made to feel like their value or worth is dependent on their sporting success

**Bullying:** Bullying is when individuals or groups seek to harm, intimidate or coerce someone who is perceived to be vulnerable. It can involve people of any age and can happen anywhere, including at home, at school, at **Sail HYSTS** or online.

Bullying encompasses a range of behaviours which are often combined. It might include physical, verbal or emotional abuse, or online cyberbullying.

In sport, bullying can occur based on a young person's sporting ability, body size or shape. It might include name-calling, offensive hand gestures, physical assault or exclusion from team activities.

### 3.1.2 Adults

The Care Act recognises 10 categories of abuse that may be experienced by adults.

**Self-neglect:** This covers a wide range of behaviour, but it can be broadly defined as neglecting to care for one's personal hygiene, health, or surroundings. An example of self-neglect is behaviour such as hoarding.

**Modern Slavery:** This encompasses slavery, human trafficking, forced labour, and domestic servitude.

**Domestic Abuse:** This includes psychological, physical, sexual, financial, and emotional abuse perpetrated by anyone within a person's family. It also includes so-called "honour" based violence.

**Discriminatory Abuse:** Discrimination is abuse that centres on a difference or perceived difference, particularly with respect to race, gender, disability, or any of the protected characteristics of the Equality Act.

**Organisational Abuse:** This includes neglect and poor care practice within an institution or specific care setting, such as a hospital or care home, or in relation to care provided in one's own home. Organisational abuse can range from one off incidents to ongoing ill-treatment. It can be through neglect or poor professional practice because of the structure, policies, processes and practices within an organisation.

**Physical Abuse:** This includes hitting, slapping, pushing, kicking, restraint, and misuse of medication. It can also include inappropriate sanctions.

**Sexual Abuse:** This includes rape, indecent exposure, sexual harassment, inappropriate looking or touching, sexual teasing or innuendo, sexual photography, subjection to pornography or witnessing sexual acts, indecent exposure and sexual assault, or sexual acts to which the adult has not consented or was pressured into consenting.

**Financial or Material Abuse:** This includes theft, fraud, internet scamming, and coercion in relation to an adult's financial affairs or arrangements, including in connection with wills, property, inheritance or financial transactions. It can also include the misuse or misappropriation of property, possessions, or benefits.

**Neglect and Acts of Omission:** This includes ignoring medical or physical care needs and failing to provide access to appropriate health, social care or educational services. It also includes the withdrawing of the necessities of life, including medication, adequate nutrition, and heating.

**Emotional or Psychological Abuse:** This includes threats of harm or abandonment, deprivation of contact, humiliation, blaming, controlling, intimidation, coercion, harassment, verbal abuse, isolation, or withdrawal from services or supportive networks.

### 3.1.3 Four Additional Types of Adult Harm:

There are four additional types of harm that are not included in The Care Act, but they are also relevant to safeguarding adults.

**Cyber Bullying:** Cyber bullying occurs when someone repeatedly makes fun of another person online, or repeatedly picks on another person through emails or text messages. It can also involve using online forums with the intention of harming, damaging, humiliating, or isolating another person. It includes various types of bullying, including racist bullying, homophobic bullying, or bullying related to special education needs and disabilities. The main difference is that, instead of the perpetrator carrying out the bullying face-to-face, they use technology to do it.

**Forced Marriage:** This is a term used to describe a marriage in which one or both of the parties are married without their consent or against their will. A forced



marriage differs from an arranged marriage, in which both parties' consent to the assistance of a third party in identifying a spouse. The Anti-Social Behaviour, Crime and Policing Act 2014 make it a criminal offence to force someone to marry.

**Mate Crime:** A "mate crime" is when "vulnerable people are befriending by members of the community who go on to exploit and take advantage of them" (Safety Network Project, ARC). It may not be an illegal act, but it still has a negative effect on the individual. A mate crime is carried out by someone the adult knows, and it often happens in private. In recent years there have been several Serious Care Reviews relating to people with a learning disability who were seriously harmed, or even murdered, by people who purported to be their friend.

**Radicalisation:** The aim of radicalisation is to inspire new recruits, embed extreme views and persuade vulnerable individuals to the legitimacy of a cause. This may be direct through a relationship, or through social media.

### 3.1.4 Other Safeguarding Considerations

**Domestic Abuse:** Women's Aid define domestic abuse as an incident or pattern of incidents of controlling, coercive, threatening, degrading and violent behaviour, including sexual violence, in most cases by a partner or ex-partner, but also by a family member or carer. It is very common. In most cases, it is experienced by women and is perpetrated by men. The Domestic Abuse Act 2021<sup>8</sup> is a new legislation which looks to Raise awareness and understanding about the impact of domestic abuse on victims and their families. It will work to further improve the effectiveness of the justice system in providing protection for victims of domestic abuse and bringing perpetrators to justice and strengthen the support for victims of abuse by statutory agencies.

**Extremism:** Extremism is vocal or active opposition to fundamental British values, including democracy, the rule of law, individual liberty and mutual respect and tolerance of different faiths and beliefs. (HM Government Prevent Strategy 2011<sup>9</sup>).

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<sup>8</sup> <https://www.gov.uk/government/publications/domestic-abuse-bill-2020-factsheets/domestic-abuse-bill-2020-overarching-factsheet>

<sup>9</sup> <https://www.gov.uk/government/publications/prevent-duty-guidance/revised-prevent-duty-guidance-for-england-and-wales>



**Non-recent Abuse:** Abuse that occurred a period of time ago is sometimes referred to as non-recent. For example, an adult might speak about abuse that took place in their childhood.

**Self-Harm:** Self-harm is when someone deliberately hurts themselves. It can include cutting, burning, hitting or bruising, poisoning, scratching, hair-pulling or overdosing. Adults who self-harm aren't usually trying to commit suicide or looking for attention (although self-harming can result in accidental death). Often, it is a way for the person to deal with overwhelming or distressing feelings and emotions. Self-harming can be an indication of abuse, as some people use self-harm to cope with anxiety, stress and overwhelming emotions.

**Gangs & County Lines:** County lines is a form of criminal exploitation where urban gangs persuade, coerce or force children and young people to store drugs and money and/or transport them to suburban areas, market towns and coastal towns (Home Office, 2018). It can happen in any part of the UK and is against the law and a form of child abuse. Children and young people may be criminally exploited in multiple ways. Other forms of criminal exploitation include child sexual exploitation, trafficking, gang and knife crime.

**Forced Marriage:** A forced marriage is where one or both people do not or cannot consent to the marriage and pressure or abuse is used to force them into the marriage. Forced marriage is illegal in the UK and is a form of domestic abuse and a serious abuse of human rights.

**Female Genital Mutilation (FGM)<sup>10</sup>:** FGM is when a female's genitals are deliberately altered or removed for non-medical reasons. It's also known as 'female circumcision' or 'cutting' but has many other names. In the UK, this practice is illegal, but sadly still occurs and religious, social and cultural reasons are given to justify this practice.

## 3.2 Glossary of Terms

**Abuse:** abuse covers every form of 'abuse', which differs between adults and children. Adult forms of abuse are sexual, emotional, psychological, material, financial, physical, discriminatory, organisational abuse and any acts of omission.

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<sup>10</sup> Definition taken from the NSPCC Website

**Adult at Risk England:** any person aged 18 years and over who is or may be in need of community care services by reason of mental health issues, learning or physical disability, sensory impairment, age or illness and who is or may be unable to take care of him/herself or unable to protect him/herself against significant harm or serious exploitation.

**Case Management Group (CMG):** the Case Management Group is responsible for ensuring that all allegations, incidents, or referrals related to the safeguarding of children, young people and adults at risk are dealt with fairly and equitably within appropriate timescales. For the RYA the CMG consists of the Safeguarding and Equality Manager, Safeguarding Officer, relevant departmental manager/s representative from the legal team and the Independent Safeguarding Chair.

**Sail HYSTS Welfare Officer:** the designated individual within **Sail HYSTS** who holds the lead responsibility for safeguarding within their setting.

**Consent:** this is a term generally relating to adult safeguarding. Adults have a general right to independence, choice and self-determination including control over information about themselves. These rights can be overridden in certain circumstances, some examples include if a person lacks mental capacity, a crime has been committed, other people may be at risk, or the risk is unreasonably high.

**Disclosure:** disclosure is the process by which a child or adult at risk will let someone know that abuse is taking place. This may not happen all in one go and may be a slow process that takes place over a long period of time.

**Duty of Care:** the duty that rests upon an individual or organisation to ensure that all reasonable steps are taken to ensure the safety of any person involved in an activity for which that individual or organisation is responsible.

**LADO:** a Local Authority Designated Officer is the designated person within every Local Authority who is responsible for co-ordinating the response to concerns that an adult who works with children may have caused them or could cause them harm.

**Multi-Agency Meeting:** a multi-agency meeting may take place when a referral has been made to the Police or LADO regarding a child or adult at risk and is a key part of the investigation process.

**Position of Trust:** an adult is in a position of trust where a young person in their care has some dependency on them and there is an element of vulnerability involved.

**Referral:** a request for help from and/or for an individual from a public body.

**Referrer:** the person who refers a safeguarding concern to the safeguarding lead, police, LADO or Local Authority.

**Risk:** the probability of something (e.g., harm to a child) happening. The harsher the damage caused by it happening and the more likely the event, the greater the overall risk.

**Significant Harm:** the threshold that justifies compulsory intervention in family life in the best interests of children. Whether harm or likely harm suffered by a child is significant is determined by comparing the child's health or development with that which could reasonably be expected of a similar child.

**Subject of Concern (SoC):** a person who is believed to have acted in a way that has caused harm to a child, young person or adult at risk.

**Wellbeing:** Section 10 of the Children Act 2004 requires local authorities and other specified agencies to co-operate with a view to improving the wellbeing of children in relation to the five outcomes first set out in "Every Child Matters".

**Young Person:** a young person is a term used to describe the interim period between childhood and adult, typically between the ages of 14 and 17.

### 3.3 Safeguarding Legislation and Associated Policies

Key Legislation for Adults at Risk	Key Legislation for Children and Young People
<ul style="list-style-type: none"> <li>○ <a href="#">The Care Act 2014</a></li> <li>○ <a href="#">Care and Support Statutory Guidance (especially chapter 14) 2014</a></li> </ul>	<ul style="list-style-type: none"> <li>○ <a href="#">The Children Act 1989</a></li> <li>○ <a href="#">Keeping Children Safe in Education 2019</a></li> <li>○ <a href="#">Working Together to Safeguard Children 2018</a></li> <li>○ <a href="#">Children and Families Act 2014</a></li> <li>○ <a href="#">The United Nations convention on the Rights of the Child 1992</a></li> </ul>

Relevant **Sail HYSTS** policies are:

- Emergency procedures
- GDPR policy
- Health & Safety policy
- Risk register

### 3.4 Useful Contacts

Principal and Safeguarding and Welfare Officer	Bill Walworth <a href="mailto:billwalworth@btinternet.com">billwalworth@btinternet.com</a> Tel: 07802861744
HYSTS Chair	Geoff Lynch <a href="mailto:geofflynch@talktalk.net">geofflynch@talktalk.net</a> Tel: 07703881754
RYA HQ Safeguarding Team	Tel: 02380 012796 Ext 1 E-mail: <a href="mailto:safeguarding@rya.org.uk">safeguarding@rya.org.uk</a>
Hampshire County Council	<b>Hampshire Children's Services</b> If you have concerns about a child you want to report you should contact Hampshire Children's Services:  Monday to Thursday 8.30am to 5pm Friday 8.30am to 4.30pm <b>Tel: 0300 555 1384</b>

	<p>At all other times, contact the out-of-hours service  <b>Tel:</b> 0300 555 1373</p> <p><b>Hampshire Adult Services</b>          If you have concerns about an adult you want to report, you should contact Hampshire Adult Services using their online referral forms: The referral form is quick and easy to complete:</p> <ul style="list-style-type: none"> <li>• <a href="#">Complete a form</a> for myself</li> <li>• <a href="#">Complete a form</a> for someone else, such as a neighbour, friend or loved one</li> </ul> <p>You may also make a referral by telephone but please expect a long wait time:</p> <p><b>Tel:</b> 0300 555 1386 during office hours: 8.30am to 5pm Monday, 9.30am to 5pm Tuesday to Thursday, 8.30am to 4.30pm on Friday</p> <p>Out of hours contact:  <b>Tel:</b> 0300 555 1373</p>
The Charity Commission	<p>Guidance on making a report to the Charity Commission if the occurrence is serious is found <a href="#">here</a>.</p> <p>The Charity Commission examples of what is a serious incident as listed <a href="#">here</a>:</p>

	The Charity Commission in formation on how to report a serious incident is found <a href="#">here</a>
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### 3.5 External Organisations:

NSPCC	<a href="https://www.nspcc.org.uk/">https://www.nspcc.org.uk/</a>
NSPCC Whistleblowing Advice Line	0800 028 0285 / <a href="mailto:help@nspcc.org.uk">help@nspcc.org.uk</a>
CPSU	<a href="https://thecpsu.org.uk/">https://thecpsu.org.uk/</a>
Ann Craft Trust	<a href="https://www.anncrafttrust.org/">https://www.anncrafttrust.org/</a>
MIND	<a href="https://www.mind.org.uk/">https://www.mind.org.uk/</a>
Young Minds	<a href="https://www.youngminds.org.uk/">https://www.youngminds.org.uk/</a>
Children 1 <sup>st</sup>	<a href="https://www.children1st.org.uk/">https://www.children1st.org.uk/</a>
Samaritans	<a href="https://www.samaritans.org/">https://www.samaritans.org/</a>
Emergency Services	999
Police Non-Emergency	101
NHS – Non-Emergency	111

### 3.6 Criminal Records Disclosure Checks

As part of its safe recruitment practices, **Sail HYSTS** carries out criminal records disclosure checks using the RYA as an umbrella body on all staff and volunteers aged 16 or over who are deemed to be in regulated activity. If a person is deemed to be in regulated activity, the Disclosure Coordinator or **Sail HYSTS** Welfare Officer will initiate and carry out the required level of check. Further information on appropriate disclosure checks can be found on the following [link](#)

### 3.7 Further Signposting to RYA and other Guidance

#### **Changing Rooms:**

<https://thecpsu.org.uk/media/445544/safe-use-of-changing-facilities-lg-july-2020.pdf>

RYA Changing Room Guidance – please email [safeguarding@rya.org.uk](mailto:safeguarding@rya.org.uk) for a copy

#### **Media and Communications:**

<https://thecpsu.org.uk/help-advice/topics/online-safety/>

<https://thecpsu.org.uk/help-advice/topics/online-safety/#heading-top>

<https://www.anncrafttrust.org/resources/photography-guidance-for-adults/>

#### **Challenging Behaviour:**

<https://thecpsu.org.uk/media/2488/managing-challenging-behaviour-review-july-14.pdf>

#### **Information Sharing:**

<https://thecpsu.org.uk/help-advice/topics/information-sharing>

<https://www.anncrafttrust.org/share-consent-confidentiality-and-information-sharing-in-mental-healthcare-and-suicide-prevention/>

#### **Safe Event Planning and Execution:**

<https://thecpsu.org.uk/media/328759/safe-sport-events-activities-competitions-update-apr-2017.pdf>

#### **Online Safety:**

<https://thecpsu.org.uk/help-advice/topics/online-safety/>

<https://www.anncrafttrust.org/how-to-stay-safe-online-guidance-for-adults-and-young-people-with-learning-disabilities/>

### **Events held in public parks and spaces – additional safeguarding**

#### **considerations:**

<https://thecpsu.org.uk/resource-library/best-practice/events-held-in-public-parks-and-spaces/>

### **Event Staff – Your Roles and Responsibilities:**

<https://thecpsu.org.uk/resource-library/best-practice/event-staff-your-roles-and-responsibilities/>

### **Safeguarding at Events – Weather Considerations:**

<https://thecpsu.org.uk/resource-library/best-practice/safeguarding-at-events-weather-considerations/>

### **Heatwave Advice:**

<https://thecpsu.org.uk/resource-library/best-practice/heatwave-advice-to-event-organisers/>

### **Away Trips and Hosting:**

<https://thecpsu.org.uk/resource-library/best-practice/away-trips-and-hosting/>

### **Transporting Children and Young People in Your Own Car:**

<https://thecpsu.org.uk/resource-library/best-practice/guidelines-on-transporting-a-child-or-young-person-in-your-car/>

### **Remote Teaching and Coaching:**

<https://thecpsu.org.uk/resource-library/best-practice/remote-teaching-and-coaching/>

### **Virtual Events and Competitions for Children:**

<https://thecpsu.org.uk/resource-library/best-practice/virtual-events-and-competitions-for-children/>

### **Inclusive Coaching:**

<https://thecpsu.org.uk/resource-library/best-practice/inclusive-coaching/>



### Physical Contact and Young People in Sport:

<https://thecpsu.org.uk/resource-library/best-practice/physical-contact-and-young-people-in-sport/>

### A Guide to Safeguarding Adults:

<https://www.anncrafttrust.org/resources/a-guide-to-safeguarding-adults/>

### Capacity – Guidance on Making Decisions:

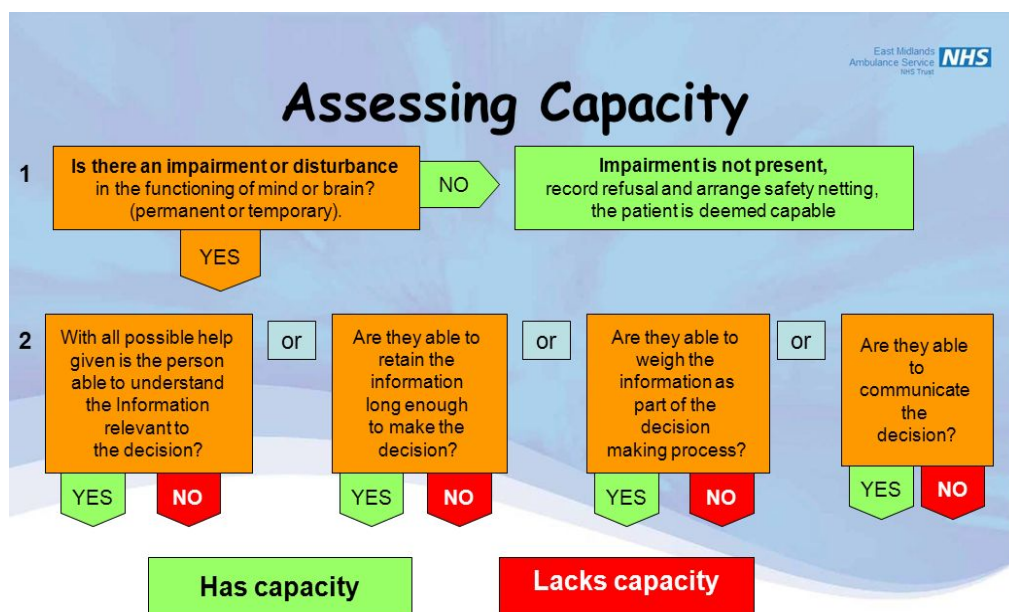
<https://www.anncrafttrust.org/resources/capacity-making-decisions/>

### RYA Equality Diversity and Inclusion (EDI) Guidance Documents

- Modern Day Manners – An RYA Guide to Inclusive Language
- RYA Guide to hate Crimes
- RYA Guide to Trans and Non-Binary Inclusion
- RYA Guide to Culture, Religion and Faith
- RYA Community Engagement Guide – A Toolkit to enable Inclusion

Please use the following [link](#) and scroll to the bottom of the page where you can then sign up to receive the EDI resources. Additional RYA Legal Team guidance notes can also be found in the Club Zone on the following [link](#).

## 3.8 Assessing Capacity



**If the answer to 1. Is YES and the answer to any of 2. Is NO, then the person lacks capacity under the Mental Capacity Act 2005.**

If the victim is not able to consent or refuse treatment, there is a duty to make a best interest decision about whether to treat the patient.

**You must:**

- Involve the person who lacks capacity to the fullest extent possible
- Have regard for past and present wishes and feelings, especially written statements
- Consult with others who are involved in the person's care
- Not be discriminatory
- Choose or decide on the least restrictive option
- Take into consideration the benefits and burdens to the person



## **Part 4 – Appendices**

**4.1 Sail HYSTS Self Disclosure Form (See separate file)**

**4.2 Sail HYSTS References Form (See separate file)**