

# Havant Youth Sail Training Scheme - Sail HYSTS



Registered Charity No.1211605

President: Owen Davies - Principal: Bill Walworth

**Sailing Base: The Ship Inn Car Park, Langstone Quay, Langstone Road, Havant, Hampshire  
PO9 1RD (Not for postal correspondence)**

## GENERAL INFORMATION LEAFLET

The Havant Youth Sail Training Scheme - Sail HYSTS as a community project has been in operation for over 50 years. The Sailing Scheme was the brainchild of local police sergeant Dave Loader, sadly now deceased. A keen sailor himself, he was responsible for encouraging local businesses and the sailing community to pull together in support of providing local young people with a base to meet and access sail training opportunities. Initially sponsored by local businesses Colt International and IBM and also the Royal Yachting Association (RYA) Seamanship Foundation, support for the activities provided by Sail HYSTS included our first President, Sir Alec Rose, local scout groups and youth clubs.

Our current President, Owen Davies, formerly the Principal of Sail HYSTS for around 20 years, continues to work towards more challenging sailing for young people and Sail HYSTS continues to offer low-cost dinghy sailing sessions that provide an opportunity for young people to try their hand at sailing and gain RYA accredited qualifications, without committing to equipment hire or purchase. Not only do the young people learn to sail but they also acquire an understanding of the water and safety in and on it, participate in a team and learn leadership and social skills, undergo personal development using fun on the water as the vehicle. All sailing abilities, from complete novices to more experienced sailors, are welcome and full sail training and support is given by experienced and fully qualified RYA instructors. Sail HYSTS offers challenges to young people beyond sailing by supporting their involvement with Scouts, Guides or the Duke of Edinburgh Award Scheme.

**Sailing vessels:** The sailing Scheme provides an opportunity for young people to learn to sail in a safe and friendly environment. Presently our fleet consists of a Hartley T15, RS FEVAs and Topper dinghies.

**Safety:** Instruction, safety cover, buoyancy aids, bump hats and wet weather gear will be provided by Sail HYSTS. A young person must be confident in the water. Two fully equipped safety craft are available to accompany the sailboats. A shore contact is nominated for each session to provide liaison to those on the water should it be required.

**Weather:** Whilst we make every effort to sail, on occasions it may be necessary to cancel sessions at short notice due to poor weather conditions e.g., high winds. We make every effort to advise parents/guardians of any changes to sessions as soon as possible using the contact information provided by you. If you are uncertain if a session will proceed, please contact us prior to your leaving home on the Sail HYSTS mobile number **07703 881754**. We cannot reply to Email messages on the day of the session.

**Insurance and legislation:** All sailing with Sail HYSTS is led by an RYA **Senior Instructor**. Sail HYSTS holds Public Liability and Fleet insurance; the policies are available for inspection on request. **Sail HYSTS cannot provide 'Personal Accident Cover' and parents/guardians are advised to check your own insurance policies for suitable cover for sailing activities.**

Annual inspection of Sail HYSTS premises, facilities, safety procedures and qualifications are conducted by the RYA. These inspections ensure that our equipment and procedures are safe and that our staff and volunteers are suitably qualified.

All staff members and volunteers over the age of 16 working with the young people must hold a current Enhanced Disclosure and Barring Service (DBS) certificate. Sail HYSTS has a detailed Safeguarding Policy available for inspection online.

**Training:** Sail HYSTS is a registered **RYA Training Centre**. Young people aged 8 – 18 years can join. On a young person's first sailing session with us, please bring details of previous sailing experience (if any) or an RYA logbook. Sail HYSTS provides training for young people to achieve all four stages of the RYA Youth Sailing Scheme and for some of the optional modules.

**Fees:** No separate membership fee is required. We simply request a donation of £12.50 per participant per session but this can be waived where there is need (please contact our Principal who can discuss needs in complete confidence). All participants are encouraged to keep a permanent record of their progress through the various stages of the RYA Youth Sailing Scheme by recording them in an RYA Logbook. We subsidise the cost of the logbook but ask for a one-off contribution of £5.00.

**Sailing schedule and booking:** Depending on the tide and weather, sailing takes place at the weekends with each session lasting approximately six hours (includes a lunch break and sailing theory session). A Sailing Schedule is available on our website <https://www.hysts.co.uk/schedule-2/>. This page details the dates, tide times, and meeting times of the weekend sessions throughout the year, usually held from late March through to October.

To book one or more sessions please use our dedicated booking facility at <https://www.hysts.co.uk/schedule-2/booking-form-2/>. Alternatively, we can accept bookings by email at: [bookings@hysts.co.uk](mailto:bookings@hysts.co.uk). Please ensure the member's full name appears in the correspondence. We require bookings to be made by **Tuesday** of the week prior to scheduled sailing session. Confirmation of a place on requested session will be sent to you by the **Thursday** before the weekend you have requested. We will do all we can to ensure places are available for all requested bookings but must allocate them on a first come first served basis.

**Activities on the water:** Young people participating should bring along a complete change of clothing. This should include a warm top (even on a hot day), a towel, soft shoes to wear in the boat, water, food, high factor sun block and sunglasses. We advise using a neck or head strap to avoid the possibility of prescription glasses or sunglasses being lost overboard. Free tea, coffee and hot chocolate are generally available at the end of sailing and at lunch, if taken at the Shorebase. Please **do not** bring a camera or any electronic device that has a camera facility. Sail HYSTS cannot accept liability for loss or damage to clothing or personal possessions brought to a sailing session.

**Sail HYSTS cannot not take any person afloat without the above essentials and having a completed and signed membership and consent form on record, which includes a completed medical questionnaire.**

We encourage the involvement of parents/guardians in Sail HYSTS activities. Please let our Principal know ([principal@hysts.co.uk](mailto:principal@hysts.co.uk)) if you would like to participate and we can provide further details of how to get involved. Alternatively, we have an ongoing need for funds to support the sailing opportunities we provide and all donations to this are gratefully received. Sail HYSTS is registered under the Gift Aid Scheme, which enables us to benefit from an additional 25p direct from HMRC for every £1 donated by a taxpayer. If you are interested in supporting the Scheme

through regular or one-off donations, please contact the Principal. We will provide the necessary Gift Aid forms if you wish to donate under the Gift Aid Scheme.

**Affiliations:** Sail HYSTS is affiliated to the RYA and a number of organisations in Havant and the Chichester Harbour area.

**Registered Office:** The Bedhampton Community Centre, 21 Bedhampton Road, Bedhampton, Hampshire, PO9 3ES is our registered address and must be used for postal correspondence.